



## Nothing dozy about Hibern8!

Pensthorpe Natural Park has created an exciting winter trail to keep young visitors entertained and inspired over the Christmas holidays.

Hibern8 offers an opportunity to learn lots of fascinating facts about how Pensthorpe's wildlife residents tuck themselves away in cosy corners and bed down for a long sleep until spring.

**“Even in the middle of winter there is so much going on at Pensthorpe – if you know where to look,”** said Richard Spowage, Pensthorpe Reserve Manager. **“Our wardens are very skilled at explaining what is happening in a fun and easy-to-understand way.**

**“We believe it is vital children spend time learning, exploring and playing in the great outdoors – both for their own health and welfare and the wellbeing of the natural world they are growing up in and need to understand and care for.”**

The Hibern8 programme includes special craft-making activities to keep visitors busy and warm, all included in the standard admission price. The Courtyard Café will be open from breakfast time onwards each day, as will the Pensthorpe Gift Shop – which is the largest in North Norfolk.

Guests are encouraged to round off a memorable day by taking a seat in the cosy viewing gallery to watch as hundreds of birds gather at the Mill Pond for the popular floodlit feed. Pensthorpe's spectacular bird feed takes place at sunset each day, accompanied by a talk from Park wardens.

The Hibern8 programme runs from December 20 to January 3, with the exception of Christmas Eve, Christmas Day and Boxing Day when Pensthorpe is closed. Winter opening hours are 9am to 5pm.

For more information call 01328 851465, or visit [www.pensthorpe.com](http://www.pensthorpe.com)

**ENDS**

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## **About Us**

[\*\*Pensthorpe Natural Park\*\*](#), near Fakenham in North Norfolk, is a 700-acre natural park combining stunning areas of wetland, gardens, meadows, farmland and a conservation centre. Owned by Bill and Deb Jordan, it is a multiple winner of Norfolk's Best Large Visitor Attraction Award.

The Park provides a unique haven for some of the UK's rarest and most endangered wildlife. It attracts families, walkers, gardeners and bird spotters, all keen to see the beautiful surroundings and the very special selection of species that either live there permanently or migrate to the expansive wetland area throughout the year.

Pensthorpe Natural Park also has nature-themed indoor and outdoor adventure play areas, designed to inspire and engage the next generation of nature lovers and conservationists.

## **Captions**

### **Pensthorpe Hibernate 1 jpg**

A hedgehog prepares to bed down for winter.

### **Pensthorpe Hibernate 2 jpg**

Sunset bird feed at Pensthorpe.

## **Contact**

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